

1 Online Resources

Web and mobile tools to help you manage your health



Save time at home or on the go by using your computer, smartphone or tablet.

myuhc.com member website

Register for your member website, **myuhc.com**, to find resources and information to help you manage your benefits.

Here are just a few of the things you can do:

- ▶ **Find nearby doctors or facilities in the plan network.** Search for a doctor by name, facility, specialty, condition or other available options.
- ▶ **Track claims and expenses.** You can view the amount billed, the plan discount, how much your plan paid and what you may owe. You can also pay claims.
- ▶ **Plan ahead for tests and treatments.** Use myHealthcare Cost Estimator to help you understand what your costs may be. Our online tool helps you understand and manage your health care costs by looking at health care provider and facility costs for services you wish to receive. It covers the

most common treatments and conditions. Your estimate also includes your health benefits. This helps you easily understand how your benefits apply and what out-of-pocket costs you can expect.

- ▶ **Understand your pharmacy benefits.** You can view your account, locate a network pharmacy, refill mail prescriptions, look up drug pricing and view the plan's prescription drug list.
- ▶ **Get tips for improving your health.** Stay motivated with online health programs and innovative tools.



Health4Me mobile app

Download our Health4Me mobile app to your Apple® or Android® smartphone or tablet, and see how easy it is to:

- ▶ Find nearby doctors.
- ▶ Check the status of a claim.

- ▶ Estimate costs of common procedures and conditions.
- ▶ See your account balances.
- ▶ Pull up an image of your ID card.